Introductions



- Experience as a Patient / Service User
 - LTC for over 30 years
 - Family Diagnosis
- Why I got involved
 - Benefit future patients and service development
 - Many other benefactors, not just Leeds University
 - Life Changing helped me to work closer with my health professional team.



- Voluntary Sector
 - AC & CwC
 - Zurich
 - EULAR academic posters
- Trustee of Local Groups
- User Representation on National Committees
 - CSG, H&S, NASS
- Bradford Uni
 - Module Delivery Living with Pain
 - Student interviews



Leeds University

- Home Visits
- Conferences: Vancouver Cambridge
- Co production sharing ideas of how to live with long term condition designs and gadgets etc. leading to a form of knowledge transfer.
- Tele-care Research Project input
- Leading Transformation Service User involvement meeting not forgetting patients need to know about NHS too.
- Patient Mentor
 - Class room facilitation
 - Advise and guidance
 - Reports
 - Individual sessions



- Future Plans and Aspirations
 - Greater involvement through the university design / industry – knowledge transfer
 - Leading to Better relationships with Health Professionals – changing over time
 - Two way process learning on both sides.
 - greater control of LTC
 - Joint decision making on treatment
 - Putting something back



Making a real difference in Health Care

Thank you